

POVEREST PRIMARY SCHOOL

Covid-19 Checklist



What to do if...	Action	Return to school if...
Your child is unwell with symptoms relating to a cold – e.g. runny nose, sore throat, headache, stomach ache, vomiting, diarrhoea	Follow Poverest's usual absence reporting procedures - you must contact the school on each day of your child's absence. If a child has been vomiting or has diarrhoea you must keep them off school for 48 hours after the last episode.	Your child may return to school once he/she is feeling better
Your child has one or more of the following COVID-19 symptoms: <ul style="list-style-type: none"> <u>new, continuous cough</u> – coughing regularly for more than an hour or three or more coughing episodes in 24 hours <u>high temperature</u> – above 37.8C, feels hot to the touch on chest or back <u>a loss or change to your sense of smell or taste</u> – cannot smell or taste anything, or things smell or taste different to normal 	<p>DO NOT COME TO SCHOOL</p> <ul style="list-style-type: none"> Contact school to inform us Refer to the guidance for households with possible or confirmed coronavirus infection Self-isolate the whole household for 14 days from the date when symptoms started Arrange a coronavirus test for your child which must be taken within 5 days of the start of their covid-19 symptoms. <p>If you are unable to obtain a test, your whole household MUST continue to isolate for the 14 days.</p> <p>You must inform the school as soon as you receive the test results</p>	<p>Your child may return to school:</p> <ul style="list-style-type: none"> after 10 day if their symptoms are gone (except for cough and/or lack or change of smell/taste as this can continue for some time afterward). <p>or</p> <ul style="list-style-type: none"> If you receive a negative test result for your child – please present the results to the school. <p>or</p> <ul style="list-style-type: none"> You have completed the designated isolation period and nobody else within your household has developed symptoms. <p>If anyone else in your household develops symptoms the whole household must start on a new 14 day isolation period.</p>
Your child tests positive for COVID-19	<p>DO NOT COME TO SCHOOL</p> <ul style="list-style-type: none"> Contact school to inform us and agree the earliest return date Isolate the household for 14 days from the date when symptoms started Refer to the guidance for households with possible or confirmed coronavirus infection 	<ul style="list-style-type: none"> A minimum of 10 days has passed since the symptoms started <p>and</p> <ul style="list-style-type: none"> Your child feels better and no longer has a temperature. Your child may return even if they still have a cough or loss of taste/smell – these symptoms can last for several weeks
Your child tests negative for COVID-19	<ul style="list-style-type: none"> Contact school to inform us and discuss when your child can return to school – please present the results to the school. 	Your child can return to school the day after you receive a negative test result provided that he/she feels better
A member of my household has one or more of the known COVID-19 symptoms	<p>DO NOT COME TO SCHOOL</p> <ul style="list-style-type: none"> Contact school to inform us Refer to the guidance for households with possible or confirmed coronavirus infection Self-isolate the whole household for 14 days from the date when symptoms started Arrange a coronavirus test for the household member that has symptoms. This test must be taken within 5 days of the start of the symptoms. <p>You must inform the school as soon as you receive the test results</p>	<p>Your child may return to school if the household member receives a negative test result</p> <p>In the case of a positive test result, your child may return to school once he/she has completed the 14 day isolation period from the date the household member first displayed symptoms</p> <p>and</p> <p>If nobody else within your household has developed symptoms.</p>
A member of my household tests positive for COVID-19	<p>DO NOT COME TO SCHOOL</p> <ul style="list-style-type: none"> Contact school to inform us and agree the earliest return date Isolate the household for 14 days from the date when symptoms started Refer to the guidance for households with possible or confirmed coronavirus infection 	<p>Your child may return to school once he/she has completed the 14 day isolation period from the date the household member first displayed symptoms</p> <p>and</p> <p>If nobody else within your household has developed symptoms.</p>
NHS Test & Trace informs me that my child has been in close contact with a confirmed case of COVID-19	<p>DO NOT COME TO SCHOOL</p> <ul style="list-style-type: none"> Contact school to inform us and agree the earliest return date Follow Test & Trace guidance fully 	Your child may return to school once he/she has completed the required isolation period – usually 14 days after last contact with the confirmed case
My child has returned from a travel restricted country and has to complete a period of quarantine	<p>DO NOT COME TO SCHOOL</p> <ul style="list-style-type: none"> Contact school to inform us and agree the earliest return date Follow FCO guidance regarding quarantine restrictions 	Your child may return to school once the required quarantine period has been completed – usually 14 days after the return date